



Army Reserve Army Family Team Building and Army Family Action Plan



***Taking Action, Making a
Difference!***



AFTB/AFAP Program

Vision - Mission - Goals

Vision

- Mission-ready Soldiers and informed Families who are fully integrated into Army support systems

Mission

- Provide resources that contribute to the development of ready Soldiers and resilient Families

Goals

- To fully implement AFTB training opportunities for Army Reserve Families
- To fully integrate the Army Reserve into the current HQDA AFAP model



Army Family Team Building (AFTB)





WHAT IS AFTB?

- A proven educational program
- Designed to strengthen the Army Family and enhance mission readiness
- Connects the Army Family to Army programs and its way of life
- Designed by Families for the Army Family
- Volunteer driven



Family Member Training Modules

New to Army

LEVEL I

10 Modules

11 Hours

- Military terms, acronyms, customs, and courtesies
- Introduction to chain of command and chain of concern
- Family and military expectations
- The impact of unit mission on family life

Greater Army Experience

LEVEL II

19 Modules

20 hrs. 35 min.

- Introduction to effective leadership
- Management skills: Communication/conflict management
- Family support groups
- Benefits, entitlements, and compensation

More Community Experience

LEVEL III

14 Modules

17 hrs. 40 min.

- Enhancing leadership skills
- Problem Solving for Leaders
- Developing presentations
- Understanding the Total Army and the Political Issues
- Effective Public/Media Relations



AFTB Instructor Levels

“The Army’s Volunteer Assets”



Volunteer Instructors

- Completed Levels I-III
- Completed AFTB Instructor Training Course
- Trained by Master Trainers to teach Levels I, II and III

Volunteer Master Trainers (MT)

- Selected by their military communities
- Certified by DA upon completion of the AFTB MT course
- Committed to teach/work AFTB for one year

Volunteer Core Instructors

- Selected and certified by DA through completion of AFTB Core Instructor Course
- Committed to teach/work AFTB for two years
- Teach all DA-sponsored training



AFTB Net Trainer

- Levels I, II and III are available for completion on line
- Level I and II are offered in English and Spanish
- Log on at www.myarmylifetoo.com
- Register to receive your user name and password under your proper community
- Begin your Net Training by selection On Line Training from left hand column



Army Family Action Plan (AFAP)





What is **AFAP?**

- **AFAP** is a grassroots process to improve Army quality of life
- **AFAP** is a forum to voice concerns to Army leadership and make recommendations for change
- **AFAP** alerts Army leadership as to what is working and what is not



AFAP Facts

- Was the brainchild of Army spouses
- First focus groups convened over 20 years ago
- The Army is the only DoD branch with such a program
- AFAP is an ongoing process not just an annual event



Role of the AFAP Program Manager

- Introduce AFAP to all levels of command
- Market AFAP program to local community
- Collect AFAP issues year-round
- Provide training on writing issues
- Recruit for conference planning staff
- Assist with DA Level AFAP Conference
- Provide feedback and statistical reporting to the higher headquarters and community



The AFAP Process

- Local AFAP Process
- AR AFAP Process
- DA AFAP Process



Army Reserve AFAP Conference

To be held June 2006

Details to follow...



In Conclusion



Families, they've
always been there.

Now we're here
for them.

Army Reserve Family Programs





QUESTIONS?

Taking Action, Making a Difference!

